Fabrication of porous 3-D structure from poly(l-lactide)-based nano-composite foams. Effect of foam structure on enzymatic degradation

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**Abstract**

To understand the effect of the foam structure on the enzymatic degradation and porous structure development, we have examined the enzymatic degradation of a poly(l-lactide) (PLLA)-based nano-composite foam having different cell density (microcellular and nanocellular), using proteinase-K as a degrading agent at 37°C. The surface and cross-sectional morphologies of the foam recovered after enzymatic hydrolysis for different intervals were investigated by using scanning electron microscopic and mercury porosimetric analyses. The fabrication of porous three-dimensional structure for tissue engineering scaffolds and the degradation performance in nano-composite foams were discussed.

**1. Introduction**

In our previous paper [1], we described the preparation of the porous three-dimensional (3-D) structure from a poly(l-lactide) (PLLA)-based nano-composite foam via enzymatic degradation. We specifically discussed the influence of the foam structure having high cell density (nanocellular) on the enzymatic degradation and porous structure development based on the results of the observation of scanning electron microscope (SEM). The main features of our observation were as follows [1]. In the enzymatic degradation of PLLA matrix before and after nano-composites preparation, the dispersed silicate layers had almost no effect on the acceleration of the degradation rate in the enzymatic hydrolysis. In the foam, the accelerated enzymatic degradation was caused by the large surface area inside the nanocellular structure. The nanocellular took up large amount of water, which led to the swelling of the foam, and thus facilitated the enzymatic degradation of matrix PLLA as compared with the bulk (pre-foamed) sample. For this reason, we have successfully prepared a porous 3-D structure as a remaining scaffold in the core part of the nano-composite foam, reflecting the spherulite of the crystallized PLLA. Thus, the degraded nano-composite foam provided the porous 3-D scaffold and the pore size was determined by controlling the degradation time using proteinase-K as an effective degrading catalyst.

However, for a better understanding of the development of the porous 3-D structure, one needs to pin down the morphological details of the enzymatic degradation of the foam structure having microcellular cell density. In this aspect, the main aim of this paper is to correlate the developed 3-D morphology after degradation versus foam structure with microcellular level. Then we expect the effect of the foam structure having different cell density (microcellular and nanocellular) on the enzymatic degradation and porous structure development. Such a comparison will be worthwhile not only for assessing the fabrication of porous 3-D structure for tissue engineering scaffolds but also for studying the degradation performance in nano-composite foams.

**2. Experimental section**

**2.1. Material**

The PLLA-based nano-composites used in this study were same material as in our previous studies [2]. The nano-composite was prepared through the melt extrusion method with organo-clay (montmorillonite (MMT) intercalated with octadecylammonium cation [2,3]) content of 5 wt% and henceforth will be termed as PLLACN5, using a twin screw extruder (PCM-30, Ikegai Machinery Co.) operating at 210°C. The dried PLLACN5 pellets were converted into sheets with a thickness of 0.18 and 0.88 mm by pressing with ~ 1.5 MPa at 190°C for 3 min using a hot press. The molded sheets were quickly quenched between glass plates and then annealed at 100°C for 7 min up to 10 h to crystallize isothermally before being subjected to various characterizations and foam processing.

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2.2. Foam processing

Foam processing of PLLACN5 was conducted in an autoclave (TSC-WC-0096, Taiatsu Techno Co.) by using supercritical CO2 [4]. Crystalized nano-composite sheet (10 × 25 × 0.88 mm² = width × length × thickness) was inserted into an autoclave (96 mL) and CO2 pressure was increased up to 28 MPa for 4 h at 100 °C for nanocellular formation and at 120 °C for microcellular formation, respectively. For such a long time of CO2 dissolution into the sample, CO2 has already been completely saturated in the sample at fixed temperature. Subsequently, the CO2 was quickly released from the autoclave (within 3 s). After releasing the CO2 pressure, the formed foam was stabilized via cooling by liquid-CO2 to room temperature, and then removed carefully from the autoclave and kept at ambient temperature.

The mass density of both pre-foamed (ρp = 1.2620 g/cm³) and post-foamed (ρf, g/cm³) samples were estimated by using the buoyancy method. The average cell radius (d, mm) was determined from the data of scanning electron microscopic (SEM) observation. The sample almost obeyed the Gaussian distribution. The function for determining cell density (Nc, cell/cm³) is defined by the following Eq. (1) [4].

\[
N_c = 10^4 \frac{3(1 - (\rho_f/\rho_p))}{4\pi d^2} \tag{1}
\]

On the other hand, the mean cell wall thickness (δ, μm) was estimated by the following Eq. (2) [4].

\[
\delta = d\left(\frac{1}{1 - (\rho_f/\rho_p) - 1}\right) \tag{2}
\]

2.3. Enzymatic degradation

The enzymatic degradation of nano-composite foams having different cell density and crystallinity in the presence of proteinase-K was conducted according to the procedure reported by Reeve et al. [5].

For the degradation of nano-composite foams, the sheet (10 × 25 × 0.88 mm² = width × length × thickness) was placed in a vial filled with 5 mL of 100 mM Tris–HCl buffered solution (Nacalai Tesque) (pH 7.9) containing 0.2 mg/mL proteinase-K (Nacalai Tesque, lyophilized powder, 36.9 units/mg) and then incubated at a thermostat-controlled temperature of 37 °C in a shaker for up to 240 h. The foam was incubated for 1000 h. The hydrolysis media were changed every 24 h to maintain enzymatic activity. Specimens were withdrawn at certain intervals, and washed with distilled water to stop further enzymatic hydrolysis and then dried under vacuum at room temperature for 2 days prior to the characterization. All measurements were performed for three replicates of specimens and averaged to get the final result.

The enzymatic degradation rate of the specimens was estimated by the weight loss and normalized weight loss using the following equation:

\[
\text{Weight loss (μg/mm²)} = \left(\frac{W(t = 0) - W(t)}{A_0}\right) x_{\text{PLLA}} \left(\frac{x_{\text{PLLA}}}{V_{\text{PLLA}}}\right)^2 \tag{3}
\]

Normalized weight loss(%) = 100 \left(\frac{W(t = 0) - W(t)}{W(t = 0)}\right) \tag{4}

where W(t = 0), W(t) and A₀ are the film weights before and after hydrolysis and initial surface area of the films, respectively; x_{PLLA} and V_{PLLA} correspond to weight and volume fractions of PLLA in each sample on the assumption that the ratio of PLLA/organo-MMT removed from the films is the same as that before degradation.

For the hydrolysis of nano-composite foams, we also evaluated the water absorption by the following equation:

\[
\text{Water absorption (wt%)} = 100 \left(\frac{W(\text{wet}) - W(t)}{W(t)}\right) \tag{5}
\]

where W(\text{wet}) is the wet weight of a specimen after degradation.

2.4. Characterization

2.4.1. Gel permeation chromatography (GPC)

The weight-average (Mw) and number-average (Mn) molecular weights of neat PLLA and PLLACN5 were determined from GPC (LC-VP, Shimadzu Co.), using polystyrene standards for calibration and tetrahydrofuran (THF) as the carrier solvent at 40 °C with a flow rate of 0.5 mL/min. For the GPC measurements first samples were dissolved in chloroform and then diluted with THF [3].

2.4.2. Differential scanning calorimetry (DSC)

The crystallized specimens were characterized by using temperature-modulated DSC (TMDSC) (TA 2920; TA Instruments) at the heating rate of 5 °C/min with a heating/cooling cycle of the modulation period of 60 s and the amplitude of ±0.769 °C, to determine heat of fusion, the DSC was calibrated with Indium before experiments [6].

For the measurement of degree of crystallinity (χc) prior to TMDSC analysis, the extra heat absorbed by the crystallites formed during heating had to be subtracted from the total endothermic heat flow due to the melting of the whole crystals. This can be done according to the principles and procedures described in our previous paper [7]. In the TMDSC experiments, the endothermic heat flow ΔH_{\text{different}} of the initially existing crystallites can be easily calculated as ΔH_{\text{different}} = ΔH_{\text{rev}} - ΔH_{\text{nonrev}}, where ΔH_{\text{rev}} is the endothermic melting (reversing) enthalpy from the reversing heat flow profile and ΔH_{\text{nonrev}} is the exothermic ordering/crystallization (nonreversing) enthalpy from the nonreversing heat flow profile appearing in the temperature range of −30 to 200 °C. The χc was then thus calculated as ΔH_{\text{different}}/ΔH^f with ΔH^f = 93 J/g, which is the melting enthalpy of 100% crystalline PLLA [8].

2.4.3. Morphology

The cell structures were investigated using scanning electron microscope (SEM) (JSM-5310LV, JEOL). The samples were freeze-fractured in liquid nitrogen and sputter-coated with gold at an argon pressure of 0.1 Torr for 3 min at a current of 10 mA [3]. The surface and cross-sectional morphologies of the specimens before and after hydrolysis were also observed with SEM. The samples were sputter-coated with gold to a thickness of ~20 nm.

The pore size and its distribution were determined by means of mercury (Hg) porosimetry (AutoPore IV-9500, Shimadzu Co.), which facilitated the pore size distribution was covered between 3 nm and 500 μm. The pore diameter (D) is defined as the following Washburn Eq. (6) [9]

\[
D = \frac{-4I \cos \theta}{P} \tag{6}
\]

where I is the surface tension of Hg, θ is the pore-Hg contact angle, and P is the applying Hg pressure up to 228 MPa. In mercury intrusion method, we estimate D value, with value of I = 485 mN/m and θ = 130°, if we assume all pores are of identical cylindrical shape.

3. Results and discussion

3.1. Morphology of PLLACN foams

Fig. 1 shows the results of SEM images of the fracture surface (cross-section) of the PLLACN5 foamed at 100 and 120 °C (before
degradation). We noted here that both foams exhibit nicely the closed-cell structure and homogeneous cells distribution, suggesting that the dispersed silicate particles act as nucleating sites for cell formation [4]. The nano-composite foams nicely obeyed the Gaussian distribution. We have quantitatively calculated various morphological parameters of the foams; these are summarized in Table 1. In case of PLLACN5 foamed at 100 °C under high pressure of 28 MPa, the foam shows smaller cell size ($d = 165 \pm 7\,\text{nm}$) and larger cell density ($N_c = 383 \times 10^{10}\,\text{cell/cm}^3$) compared with that of PLLACN5 foamed at 120 °C. At low foaming temperature (100 °C), the nano-composite foam exhibits nanocellular structure, while foam prepared at 120 °C shows rather large cell structure having low cell density (microcellular).

### 3.2. Enzymatic degradation of foams

In enzymatic degradation, Williams [10] reported the hydrolysis of PLLA in the presence of proteinase-K, which was successfully extracted from protease in a fungus called *Tritirachium album* in 1974. This enzyme has a molecular weight of $18,500 \pm 500$, an isoelectric point of 8.9 and a pH optimum activity range between 7.5 and 12.0 [11]. Proteinase-K preferentially degrades PLLA over poly(D-lactide). The degradation rate significantly increases with reducing %L content from 100 to 92% in PLLA, suggesting the crystalline order dominates enzymatic degradation [5].

Fig. 2 shows the time variation of the weight (µg/mm²) and normalized weight losses (%) of microcellular having different $\chi_c$ during the enzymatic degradation. For comparison, we also show the result of PLLACN5 (bulk sample) with $\chi_c = 44.4\%$. Obviously, the weight losses increase linearly with degradation time ($t$) over a period of 400 h (corresponding to 84 wt% degradation), regardless of $\chi_c$ in the matrix PLLA. A clear induction period, which is onset time until start of the weight loss in the specimen, is not observed in the microcellular degradation compared with pre-foamed PLLACN5 sample [1]. The induction time becomes longer with increasing $\chi_c$ in the bulk film (data not shown).

![Fig. 2](image)

**Fig. 2.** (a) Weight loss and (b) normalized weight loss of microcellular having different $\chi_c$ with that of bulk data ($\chi_c = 44.4\%$) for comparison [1] during the enzymatic degradation. The solid lines are calculated by linear regression.

### Table 1

Morphological parameters of nano-composite foams

<table>
<thead>
<tr>
<th>Parameters</th>
<th>Nanocellular</th>
<th>Microcellular</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\rho$ (g/cm³)</td>
<td>1.01</td>
<td>0.32</td>
</tr>
<tr>
<td>$d$ (µm)</td>
<td>0.165 ± 0.072</td>
<td>0.072 ± 0.072</td>
</tr>
<tr>
<td>$N_c$ ($\times 10^8$ cell/cm³)</td>
<td>38,300</td>
<td>3.81</td>
</tr>
<tr>
<td>$\delta$ (µm)</td>
<td>0.23</td>
<td>1.55</td>
</tr>
</tbody>
</table>

$^a$ $\rho_p$ for PLLACN5 is 1.2620 g/cm³.
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added in this plot. For both bulk and neat PLLA, the degradation rate slightly decreases with increasing initial $\chi_c$ in the range of 0–30%. However, the rate abruptly decreases beyond $\chi_c = 30\%$. The dispersed MMT layers have almost no effect on the acceleration of the degradation rate in the enzymatic hydrolysis of PLLACN5 as discussed previously [1].

Interestingly, the same feature has been observed in the microcellular degradation in the results of various $\chi_c$ as compared with the nano-composite bulk (and/or neat PLLA) degradation. This observation suggests that the linear degradation rate of the foams is affected by the initial value of $\chi_c$ as well as PLLACN5 (and neat PLLA) degradation reported by several researchers [5,12–14]. The enzymatic hydrolysis of matrix PLLA proceeds preferentially at disordered amorphous region on the sample surface rather than on the restricted amorphous domains, which are located between the crystalline lamellae in the spherulites [12]. The degradation rate is strongly affected by the disappearance of the free amorphous regions. This feature is also observed in the rapid increasing of the induction time [1].

3.3. Microcellular versus nanocellular

As reported by many researchers [10,12,13,15], the enzymatic degradation of matrix PLLA proceeds through surface erosion mechanism. In this process, the enzyme cannot diffuse into the film bulk. However, in the case of foams having cellular structure, the enzyme can contact with a lot of polymer chains at the cell wall surface compared with that of pre-foamed sample. As seen in Figs. 3 and 4, the linear degradation rate of the nanocellular is about two times higher than that of microcellular with same crystallinity. The accelerated enzymatic degradation in the foam is caused by the large surface area inside the nanocellular structure. From Table 1, the calculated value of the specific surface area ($3.3 \times 10^5 \text{ mm}^2$) is two times higher than that of microcellular ($1.7 \times 10^5 \text{ mm}^2$).

Fig. 4. Semi-logarithmic plots of linear degradation rates ($\mu g/\text{mm}^2 \cdot \text{h}$) of neat PLLA bulk, nano-composite bulk, microcellular and nanocellular versus initial $\chi_c$. Previous results on PLL (bulk) with high $\chi_c$ values are reproduced from Tsuji et al. [15].

Obviously, both the difference of the degradation rate and the difference of the surface area inside the cell structure are almost the same level for both cellular structures. This trend reflects the relative importance of the surface erosion in the enzymatic degradation of matrix PLLA, as mentioned above.

This feature is also assigned to the observation in water uptake data (Fig. 5). The nanocellular appears to uptake water much more than both microcellular and bulk. During the first 250 h, the water absorption of the foams increases continuously to attain 30% for microcellular and 50% for nanocellular. Beyond 300 h, the water uptake remains almost constant, presumably due to the saturation caused by the morphology development after enzymatic degradation. That is, the water can more easily penetrate into the foam. In contrast, PLLACN5 bulk shows very hydrophobic less than 2% of absorbed water during the degradation period. The nanocellular takes up large amount of water compared with that of microcellular, which lead to the swelling of the foam, and thus facilitate the enzymatic degradation of matrix PLLA as compared with the bulk sample. The content of absorbed water greatly determines the enzymatic degradability [1].

3.4. Morphological change during enzymatic degradation

Fig. 6 shows the surface and the cross-section morphologies of the microcellular with $\chi_c = 16.9\%$ (Fig. 6(a)–(c)) recovered after enzymatic degradation for 400 h (corresponding to 84 wt% degradation), regardless of $\chi_c$ in the matrix of the microcellular samples. For comparison, the morphologies of the nanocellular $\chi_c = 54.5\%$ (Fig. 6(d)–(f)) and bulk sample $\chi_c = 44.4\%$ recovered after enzymatic degradation for 240 h (Fig. 6(g) and (h)) were also investigated by using SEM.
Fig. 5. Water absorption changing of nano-composite bulk, microcellular and nanocellular during the enzymatic degradation at 37 °C.

Fig. 6. Typical results of SEM images of the cross-section and the surface of microcellular (a)–(c), nanocellular (d)–(f) and nano-composite bulk (g) and (h) after enzymatic degradation for different times (240 and 400 h). The weight loss (%) of each specimen is shown by the number in the box; (c) and (f) are the cross-sectional images. The remaining are the surface images.
For the microcellular sample, a lot of pores appeared on the surface after degradation for 400 h with the diameter of \( \sim 15 \mu m \) and are polygon cell structure in shape. Interestingly, in the cross-section, the fibrillar structure with diameter of \( \sim 1-2 \mu m \) is generated on the thick cell wall (\( \sim 1.6 \mu m \)) with some entanglement, suggesting that the amorphous region in the cell wall has been predominantly degraded. This structure is enhanced, as the degradation takes place.

In contrast, the surfaces of both nanocellular and bulk samples are smooth before degradation (Fig. 6(d) and (g)). For the bulk sample, a lot of pores are generated on the surface after degradation up to 120 h and the pores with diameter of \( \sim 3 \mu m \) are spherical in shape with circular interconnections (Fig. 6(h)). This kind of connected spherical-pore structure has been widely reported in the previous papers [16,17]. These holes are resulted from the degradation of the swollen (amorphous) region by the enzymatic attacks [18]. On the other hand, for the nanocellular sample, there is a great tendency to generate the skin-layer (\( \sim 100 \mu m \) thickness) with cracked surface and hence more rapid fragmentation on the surface (Fig. 6(e)). No significant change, such as pore formation, on the surface during degradation up to 240 h suggests that the core part of the foam underwent significant hydrolysis during this period. This indicates that the cell structure allows the PLLA chains to become susceptible to enzymatic hydrolysis.

This speculation is supported by the water uptake behavior of the nano-foam. Fig. 6(h) presents the morphological change of the cross-section in the nanocellular after enzymatic degradation for 240 h (corresponding to 48 wt% degradation). The interesting feature is the formation of some flower-like structure [19] as a remaining scaffold in the core part, reflecting the spherulite of the crystallized PLLA. After the restricted amorphous region has been degraded, the porous 3-D scaffold left the core part in the nano-foam. This morphology of the PLLA crystals is enhanced with degradation up to 240 h. The structure size with a diameter of 10 \( \mu m \) observed by SEM is in good agreement with the average diameter of the spherulite developed in the sample by annealing at 100 °C before degradation [20].

The generation of the porous 3-D structure is completely different from the enzymatic degradation of bulk sample, where the morphology of the core parts remains unchanged during degradation because of the surface erosion mechanism (photo not shown). Thus, the degraded nanocellular provides the porous 3-D scaffold and the pore size is determined by controlling the degradation time using proteinase-K as an effective degrading agent, as reported in our previous paper (cf. Fig. 7) [1].

### 3.5. Pore size and distribution

Mercury porosimetry represents a very powerful tool in the pore size distribution of small and/or large pores that are not visible in the SEM observation. In Fig. 7, we summarized the results of the pore size distribution for different degradation time taken for 0, 120 and 240 h. The \( y \)-axis corresponds to the pore number fraction. In the nanocellular, we see that the appearances of main peaks are observed at 40–50 nm range, which remains almost constant in the range of the degradation proceeded, whereas the appearances of small peak around 10–100 \( \mu m \) size is enhanced with increasing degradation time.

For the microcellular, the appearances of main peaks are observed around pore size range of 3–4 \( \mu m \) with a small remnant shoulder around 1 \( \mu m \) (before degradation). As seen in nanocellular degradation, the microcellular produces pore size of 10–100 \( \mu m \) accompanied with decreasing of the size around 1 \( \mu m \) range, as the degradation takes place. This feature is not observed in the SEM images (see Fig. 6).

Thus, the combination of initial cellular structure and controlling the degradation time offers 3-D pore size controlling from nano to micrometer.

### 3.6. Change in the molecular weights

Table 2 summarizes the results of the thermal property, i.e., \( \chi_c \) of the residual sample recovered after degradation. The residual

![Fig. 7. Pore size distribution of (a) nanocellular and (b) microcellular after enzymatic degradation for different time intervals. The dashed lines represent the pore size range 10–100 \( \mu m \).](image-url)
From the pore size distribution, the appearances of 10–100 μm size were enhanced with increasing degradation time except main pore size in both nano-composite foam cases. Thus, the combination of initial cellular structure and controlling the degradation time offered 3-D pore size controlling from nano to micrometer.

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